



YOGA ALLIANCE ACADEMY®

When the country with the largest number of UNESCO cultural heritage sites in the world meets with YOGA, a newly listed UNESCO's intangible cultural heritage of humanity... the Yoga Alliance Academy® will take you to the Eternal City for an unforgettable experience!



ROME - ITALY GHERANDA SAMHITA® 250hr 17 Days Intensive - Vinyasa Flow Teacher Training August 25th – September 10th 2017

Presented by International Faculty:
Susan McLachlan ERYT-500



Accreditations:

- The Only Yoga Program recognised by the Complementary Medical Association – UK
- Yoga Alliance-International RYT-200
- International Yoga Federation

Syllabus:

- | | | |
|-------------------------------------|--|--|
| • Techniques, Training and Practice | • Adjustments, Modifications and Props | • Asana Risk Assessment |
| • Teaching Methodology | • Student Teaching: Sequencing and Leading Classes | • Sanskrit |
| • Anatomy & Physiology | • Meditation | • The business of Yoga - Running and Marketing Your Studio |
| • Yoga Philosophy/Ethics/Lifestyle | | |

Timetable: 8:00am-6:00pm including weekends.

*Accommodation and breakfast, sightseeing (Colosseum, Roman Forum, Sistine Chapel, St. Peter's Basilica tour), transportation to and from Fiumicino airport is ALL included in the Course FEE.



BOOK NOW Only a few places left!

† 02 - 8006 1211 m 0414 959 987

www.yogaalliance.com.au



YOGA ALLIANCE ACADEMY®

When the country with the largest number of UNESCO cultural heritage sites in the world meets with YOGA, a newly listed UNESCO's intangible cultural heritage of humanity... the Yoga Alliance Academy® will take you to the Eternal City for an unforgettable experience!

ROME - ITALY GHERANDA SAMHITA® 250hr

17 Days Intensive - Vinyasa Flow Teacher Training

August 25th – September 10th 2017

Presented by International Faculty:
Susan McLachlan ERYT-500



Accreditations:

- The Only Yoga Program recognised by the Complementary Medical Association – UK
- Yoga Alliance-International RYT-200
- International Yoga Federation

Syllabus:

- | | | |
|-------------------------------------|--|--|
| • Techniques, Training and Practice | • Adjustments, Modifications and Props | • Asana Risk Assessment |
| • Teaching Methodology | • Student Teaching: Sequencing and Leading Classes | • Sanskrit |
| • Anatomy & Physiology | • Meditation | • The business of Yoga - Running and Marketing Your Studio |
| • Yoga Philosophy/Ethics/Lifestyle | | |

Timetable: 8:00am-6:00pm including weekends.

*Accommodation and breakfast, sightseeing (Colosseum, Roman Forum, Sistine Chapel, St. Peter's Basilica tour), transportation to and from Fiumicino airport is ALL included in the Course FEE.

5% Off
Early bird
Discount

BOOK NOW Only a few places left!

† 02 - 8006 1211 m 0414 959 987

www.yogaalliance.com.au