



## **HOW TO UPGRADE AN EXISTING 200 HOURS TRAINING PROGRAM TO RYS-250 PLUS?**

**Last Version. Updated 7.12.2017**

**ALL existing Yoga Alliance - International Australia' RYSs can UPGRADE a 200 hours Training Programme FREE of charge.**

**Schools member of other organisations are welcome to convert registration and UPGRADE.**

Procedure:

- Yoga Alliance Australia Schools: Submit current Training Program Title, RYSs Registry ID number (see your certificate of registration), evidence of additional 50 training hours.
- Non-Members: Convert RYS registration/membership first, submit current Training Program details i.e.: Title, training hours (200) and evidence of additional 50 training hours.
- 50 hours training accepted formats: Seminars, workshops, retreats or extended course content.